



CIRCULAR NO: 021/2023

DATE: 02.06.2023

**‘To the mind that is still, the whole universe surrenders’**

**Lao Tzu**

**My Dear Beloved Sisters!**

**I greet you with a heart full of love.**

Today is the start of our 2023-2024 academic year.

It is said that a good start is half finished.

What are the signs of a good start?

First we must face this new opportunity before us with confidence.

Many of us approach anything with distrust and fear.

face everything with anxiety and anger.

This is the cause of all problems and complications.

We don't heal wounds from past experiences.

We protect the wounds by pinching them,

deepening them and widening them.

This leaves no chance for the wounds to heal.

If the wounds don't heal, they can become septic and life-threatening, right?

**So let's face the new year with confidence, freshness and strength.**

Amidst all these problems, the government crisis;

teacher surplus; decreased student enrollment;

Unhealthy habits and moods of students stress

from parents and administration

How to develop confidence in the mind?

**By magnifying our opportunities and blessings.**

Many times looking at problems through a magnifying glass

We are used to exaggerate small problems.

It makes even ordinary things seem daunting.

Many opportunities slip away because

We fail to focus on our strengths and abilities.

**So let us exaggerate our blessings and rejoice.**

**Let us thank God.**

**This is what we need first.**

Everything in nature does not get upset over problems and stop its journey.

They adapt themselves according to the environment.

Does the ocean stop its fish production and coral reefs and pearl resources because of the constant waves? Or does it contract?

It automates waves and resources.

It wears the waves as its symbol as its cloak.

So its journey goes smoothly as always.

Only those who have learnt to handle with ease the problems and complications

Can rise as winners in today's society.

Some see opportunity in problems.

Many people look for embarrassment in problems.

What we seek is what we get.

So dear ones!

Let's travel as believers with faith in our tempo

This is the only way to bring miracles in your life

Let us understand that

The only powerful weapon to defeat failure in this world is Faith.

To exercise Faith is to be rejuvenated

**Let's face the new academic year with confidence.**

Rejuvenation of energy comes from mental strength.

This mental strength comes from the strong decision to achieve something and the clear mental picture of the outcome of that decision.

So let's approach things daily with a fresh mind.

Can we get all things done if we have

the mental energy to decide

what we want to achieve and believe

what we want to achieve?

Is a single tree a grove?

Can a drop become a flood?

This is where integration becomes necessary.

**The hope we have, and the freshness**

**We have are to be spread in the places where we live.**

Without leaving anyone out

All should be integrated.

Even a small gnat will help teething

Didn't our forefathers tell us?

Everything in this world

has its uses. We don't leave anything behind.

If you realize this, everything

May be aggregated for our use.

uniting Everyone in our journey towards our goal

we can give hope and renewal.

**Above all we should realize that**

**We are doing the Lord's work**

which is the foundation for everything

If we understand that

All our works are entrusted to us by Him.

Surely new inspiration will be born in us.

All events come to us with His permission.

Because he is with us,

That we can win all our circumstances

will be resolute and clear to us

Let what comes come and let what goes go

Let's catch what we can.

Let's protect what we can protect.

**We submit the rest at His feet.**

With this understanding

**If we take refuge in the fortress of our Mother Bon Secours**

**Surely no storm will shake us.**

I sincerely wish you to travel with confidence.

## **FOR THE KIND ATTENTION OF SISTERS:**

### **CONGRATULATIONS:**

I wish all our sisters who are involved in education Mission a blessed start of the new academic year. Heartfelt congratulations to all those who put in a lot of effort and made the students successful in the exams. May God bless you with the strength to face all the challenges ahead in your continued education Mission.

### **DIRECTRESS OF CATHOLIC ENQUIRY CENTER - BANGALORE:**

- Sr. Cathelina (1010) is appointed as the Directress of Catholic Communication Center of Bangalore Diocese at the request of His Grace Peter Machado, Archbishop of Bangalore. We wish her all the best. We wish her success.
- For your kind information the Arch Bishop appreciates the congregation for generously offering our service in the post without any remuneration.

### **TRANSFERS:**

- ❖ The opening day of our schools is changed and the day our sisters receive the transfer is also changed as the school opens on the 7th of June. **Therefore, I would kindly ask the transferring sisters to leave on the evening of June 7<sup>th</sup> and take charge of their new assignments on the morning of June 8<sup>th</sup>.**
- ❖ Our teacher training institute in Dindigul was closed down and the buildings were vacant. Last year the building functioned as a hostel for our college girls. But in accordance with the resolution of the General Chapter to establish a permanent institution there, it has been decided to start a Matriculation School there. I kindly inform you that permission has been obtained from the Bishop and the school will open on 14.06.2023.

### **DEPLOYMENT IN SCHOOLS:**

There is a very high deployment in our schools, especially in Chennai schools. This is very sad. There is high deployment especially in primary and middle schools. Many feel that the quality of education in these schools are very low. It is the responsibility of each of us to improve the learning ability of the students in the schools entrusted to you and strive to raise the quality of the schools.

### **BREAKING NEWS:**

We are filling up the surplus teaching posts in Tamil Nadu schools under our management where there is excess student strength. Teachers should go wherever they are sent. I am sorry to say that I cannot accept anyone's suggestion in this regard. There is no other option but to go to the place of assignment. I place on record that excess teachers in schools are due to some way of carelessness and in attentive attitude of the teachers. I earnestly request everyone to work together to protect the institutions built by our foremothers.

### **NOTE:**

This is for your kind information that the meeting of the Headmistress' will be held on 7th, 8th and 9th of July. I inform you in advance to mark it in your Diary.

### **KIND REQUEST:**

- We, our people, our institutions and our world should be healthy and the kingdom of God should grow here is our longing, desire and dream. For this as a personal act of sacrifice, give ₹ 50 from our pocket money this month to our Superiors as charity. The Superiors Collect the money and give it to Provincial. Sisters of Under Generalate hand over the money to the nearest Provincial.
- Responsibility for Northern Sisters rest with the Regional Superior. Temporary Vows Sisters and Abroad sisters will be paid by the Superior General.
- Let us offer this small offering with prayer and joy as it will be a great blessing for our 794 Professed sisters who participate in this act of charity.

### **MUSEUM: (ARCHIVES)**

We are going to set up archives of our Congregation in the new buildings that are built in Mylapore Convent. Antiques in your homes, awards received by sisters from the government, awards received by schools and institutions, old photos from our homes, old photos (at least 50 years old) from sisters, framed photos, old letters, rare letters, etc., if you have them, please hand them over to Secretary Sister Annal Rita Rani. We inform you that we are going to form a committee for this. Interested sisters please give your names.

## **SEMINARS FOR SISTERS:**

### **SUPERIORS MEET:**

A 3-days training workshop for Superiors for this year is being held at our Vilar College. Spirituality is the foundation of our Religious life, so our practices are aligned with it. The expectation of the congregation is that our Superiors should be spiritual persons and guide the sisters in God's service.

**Venue** : **Thanjavur, Vilar College**  
**Dates** : **2023 June 16, 17, 18**  
**Theme** : **Spiritual Life is the Foundation of Religious Life**  
**Resource Person** : **Rev. Fr. Britto Peter S.J**

I Invite all Superiors to attend the Meeting.

### **COURSE FOR THOSE WHO HAVE COMPLETED 15 YEARS OF RELIGIOUS LIFE**

**Venue** : **Dindigul Provincialate**  
**Dates** : **2023 June 19, 20**  
**Participants** : **Sisters who completed 15 years of Religious life (2009 Professed batch)**

### **SERVICE PLANNING COMMITTEE MEETING:**

A meeting of the Service Planning Committee will be held on 24th and 25th June 2023 at Provincial house Thanjavur. List of names for the meeting will be sent later.

### **SEMINAR ON SPIRITUAL DIRECTION:**

It is an undeniable fact that everyone needs guidance. But sometimes we don't realize it. However, the congregation has realized that only if there is a depth of spirituality, we can live meaningfully the religious life with grace. So this training has been given to the sisters who have already completed 15 years of their Religious life. Following them, we extend this to the sisters who have completed 20 years of Religious life. Therefore, I kindly request the sisters who have made their First Profession from 2004 to 2008 to participate in this training.

**Workshop** : **Spiritual Direction**  
**Participants** : **2004 to 2008 Professed Sisters**  
**Dates** : **2023 June 26, 27**  
**Venue** : **Dindigul Provincialate**  
**Guide** : **Rev. Fr. Britto Peter S.J**

**REVIEW MEETING OF SPIRITUAL GUIDANCE TRAINING:**

Already with 10 Sisters as spiritual directors, the Sisters who had completed 15 years in their Religious life are being given spiritual guidance by them. Meeting is held to evaluate the performance of the scheme and for new planning. All who are involved are requested to attend the Review Meeting.

**Workshop : Review of Spiritual Direction**

**Participants : Spiritual Directors, Spiritual Pupil, Provincials, Central Team Members, Superior General.**

**Dates : 2023 June 28th**

**Venue : Dindigul Provincialate**

**Guide : Rev. Fr. Britto Peter S.J**

No personal invitation will be sent to Spiritual Directors. I kindly request you to accept this invitation and attend the meeting.

**DEVELOPMENTAL WORK FOR THE CONGREGATION:**

- ✿ I would like to inform you that preparations are being made to start a higher education institution and purchase lands as per the request of the bishop of Bareilly diocese with the aim of development of the congregation in the north.
- ✿ Our nursery school in Aranthangi had been in trouble for a long time with various problems. Purchase of Land is on the process to move the school to another place and make it a Matric school.
- ✿ A house adjacent to our Thathaneri residence is for sale. The house is also to be purchased for the future benefit of the sisters.
- ✿ I Kindly request you to pray for all the above development works.

**May the grace of the Lord be with us!**

**May we live well under the protection of our Mother Mary**

**May all our work be blessed!**

## **THE PROGRAMME OF THE SUPERIOR GENERAL FOR THE MONTH OF JUNE:**

- 01 - Generalate
- 02 - Land Issue Discussion – Generalate
- 03 - Blessing of the Kovalam Renovated Old Aged Home – Inspection of the Mylapore Building Construction
- 04 - Office Works – Generalate
- 05 - Bangalore T.C. Palayam - Foundation stone for the new building
- 06 - 09 - Purchase of Land in Bareilly Diocese - Deed Registration
- 10 - Generalate
- 11 - Central Council Meeting the Perpetual Profession Sisters
- 12, 13, 15 - Aranthangi, Madurai Deed Registration
- 14 - Bon Secours Matric Nallamanaickanpatti - School Opening Ceremony
- 16 - 18 - Superiors Meeting - Vilar College
- 19 - 20 - 15 Year Sisters Meeting - Dindigul Provincialate
- 21 - Dindigul Province – Housing Project Inauguration
- 22 - AFFI Executives Meeting - Generalate
- 23 - Bible Manuscript Publishing - Vellore
- 24 - 25 - Service Planning Committee Meeting - Thanjavur Provincialate
- 26 - 28 - Spiritual Direction - Dindigul Provincialate
- 29, 30 - Land Transfer and resetting Mamandur

**MY LOVE AND PRAYERS ARE WITH YOU FOREVER.**

**In cosmic grace,**

*Sr. Maria Glilomi FBS*

**Superior General.**